



Buffet Menu



Sandwich Lunches

All Flair sandwich platters include a premium selection of meat, fish and vegetarian fillings.

BASIC SANDWICH PLATTER

A selection of filled sandwiches on granary and white bread
1 ¼ rounds per person

PREMIUM SANDWICH PLATTER

A selection of filled sandwiches on granary and white bread
1 ¼ rounds per person
Sea salt and black pepper crisps
Fresh cut fruit platter

DELUXE OFFICE BUFFET

A selection of filled sandwiches on granary and white bread
1 ¼ rounds per person
Selection of 3 savoury bites
Sea salt and black pepper crisps
Fresh cut fruit platter
A selection of cakes

Prices available on request. Contact info@flaircatering.co.uk



Cold Fork Buffet Menus

Please choose 2 mains and 2 Salads options.

MAINS

- Lemon & thyme roasted chicken, Roquette, lightly grilled vine tomatoes and aubergine
- Pan-fried Cajun salmon served with a sweet potato mixed vegetable salad, lime & coriander dressing
- Mediterranean roasted vegetable quiche (V)

SALADS

- Cous cous salad
- Greek salad
- Creamy coleslaw
- Tomato and red onion salad
- Potato salad

Served with a selection of rolls & butter

DESSERT

- Fresh fruit salad
- OR
- A selection of the finest gateaux, tarts, mousses & flans

WHY NOT ADD...?

- Cheese Platter
A selection of British & continental cheese served with the finest grapes, biscuits and dried apricots
- Tea/coffee per person



Hot Fork Buffet Menus

Please choose 3 main options.

We recommend 1x Meat, 1 Fish & 1x Vegetarian option.

MEAT

- Lamb Moussaka
- Braised Beef and Mushroom pie
- Chilli con carne
- Thai green chicken curry

FISH

- Roast cod with lemon and parsley sauce
- Fisherman's Bake
- Salmon en crouete with beurre blanc sauce
- Pan-fried Tuna steak with tomato and basil ragu

VEGETARIAN

- Vegetable Lasagne (V)
- 3 bean casserole with tomato, garlic & thyme (V)
- Vegetables en crouete with a mushroom & tarragon sauce (V)
- Stuffed bell peppers with coriander flavoured couscous (V)

All dishes are served with bread rolls and butter and a side accompaniment appropriate to the dish (fresh green salad, rice, vegetables)

DESSERT

Fresh fruit salad or a selection of the finest gateaux, tarts, mousses & flans



Hot Bowl Food

We recommend 3 Portions Per Person

MEAT

- Strips of Stir Fry Beef with Sesame & Ginger Noodles
- Spanish beef Casserole with Black olives, Red Peppers & Garlic Mash
- Farmhouse Blackspot Sausage, Onion Gravy & Creamy mash
- Italian Chicken with Tomato & Thyme, Potatoes & Green beans

FISH

- Fish Pie with haddock, Cod & Prawns
- Thai Smoked Fish Curry with Coconut Rice
- Seafood with Dill, Lemon and Penne Pasta
- Homemade Salmon Fishcakes with caper & Lime Mayo

VEGETARIAN

- Moroccan Vegetable Tagine with Lemon Cous Cous (V)
- Potato, Leek & Mushroom Gratin with Spinach & Parmesan Topping (V)
- Vegetable Green Thai Curry (V)
- Mushroom Stroganoff with Rice (V)

Served in bowls with cutlery and napkins included in price



Deli Platters

ANTIPASTI

- Parma Ham, Chorizo Picante & Salami Milano
- Grana Padano Parmesan
- Marinated Queen Olives
- Focaccia Sliced

MEZE

- Cumin & Parsley Hummus, Spiced Falafel, Halloumi Skewers
- Marinated Queen Olives & Pitta Bread

CHARCUTERIE

- Parma ham, Honey Roast ham, Roast beef, Salami Milano & Chorizo Picante

BRITISH CHEESE

- Colston Bassett Stilton, west Farm Cheddar, Somerset Brie, Fruit Chutney, Artisan breads and Crackers

CLASSIC SALAD SELECTION

- Baby Potato, Spinach & Bacon
- Greek Salad with Feta, Tomato & Black olive (V)
- Wild Rocket, Cherry Tomato & Parmesan (V)
- Spiced Tabbouleh & Chargrilled Mediterranean Vegetables (Vegan)
- Mixed Leaf, Tomato, Cucumber, Peppers & Onion (Vegan)

DELUXE SALAD SELECTION

- Poached Salmon, Cucumber & Lemon Mayo
- Chicken Caesar with Ciabatta Croutons
- Moroccan Chicken & Tabbouleh
- Chorizo, Mushroom & Red Pepper Pasta
- Parma ham, Wild Rocket & Cherry Tomato

Prices available on request. Contact info@flaircatering.co.uk



FLAIR AND YOU

Flair is an events catering company offering a comprehensive range of services to private and corporate clients in the east of England.

Based in Cambridge, we can provide highly skilled chefs, innovative menus and fresh ingredients for in-house boardroom catering, corporate events, weddings and high class banqueting for up to 5,000 diners.



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